

**Thank you for choosing  
Transcend 3 miniCPAP!**

We want to make sure you have the best experience possible as you begin your CPAP therapy. Please give us a call if you need assistance with your initial setup.

**Call 866-978-9481, Mon-Fri  
8:00 - 4:30 pm CST**

TRANSCEND<sup>®</sup>3 mini**cpap**<sup>™</sup>



### **Components of the Transcend 3 miniCPAP<sup>™</sup>**

1. Transcend Travel Bag
2. Transcend 3 miniCPAP Quick Guide
3. Standard 6 foot hose
4. Multi-plug universal power supply (PSA2)
5. International plug kit
6. USB Cable
7. Transcend 3 miniCPAP



The Transcend 3 User Manual  
can be downloaded at  
**[www.MyTranscend.com/  
support](http://www.MyTranscend.com/support)**

### Assembling the Transcend 365 miniCPAP™

1. Connect your mask (sold separately) to an air supply tube with a standard 22mm connector.
2. Connect the air supply tube directly to the Transcend 3 miniCPAP device, making sure it is fully seated.
3. Plug the power supply into the Transcend 3 miniCPAP and place on a flat, stable surface.
4. Connect the power supply to a wall outlet.

### Automatic Ramp

The ramp feature is enabled on your CPAP, unless your prescription states otherwise. As soon as you begin therapy, the ramp feature is automatically initiated.

### First-time CPAP user tips:

- Make sure your mask is fitted properly. A mask that is too large or too small can be uncomfortable or cause a leak. Do not overtighten the mask. This common mistake can result in discomfort and irritation to the skin. Some air leak from your mask is common, but if it feels like too much, consider changing to a different mask.
- First, try wearing just the CPAP mask for short periods of time while you're awake. For example, while watching TV. Then try wearing the mask and hose with the device turned on during the day while you're awake. Be patient- the time needed in order to adjust to CPAP therapy varies anywhere from a few days to a few weeks.